

OCTOBER

2021

*East Valley
Intergroup, Inc.
1855 E Southern,
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Mesa, AZ 85204
480-834-9033
Fax: 480-964-4639
info@aamesaaz.org
www.aamesaaz.org*

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Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

NO BOOZE NEWS

Resentments

Unresolved resentments are extremely important for our recovery.

Resentments are the #1 killer for recovering alcoholics/addicts. It is amazing how one small resentment can derail recovery and cause a recovering alcoholic/addict to resume the prior behavior.

One of the most dangerous encounters on our road to recovery is harboring resentments. We can explain the feeling of resentment as negative emotions or thoughts, commonly based on hidden anger or feelings of being wronged.

There are many reasons why alcoholics/addicts can have resentments brewing inside of them and causing blockades in their recovery. It could be anything from lack of validation from friends or family, challenges of recovery, even anger or jealousy towards others in recovery. There is no fixed definition of knowing what may or may not offend us and make us resentful.

Anger is common in recovery. We might get irritated easily and feel angry. This is one of the reasons that lead to resentment towards a sponsor who just wants what's best for the newly sober alcoholic/addict.

It can create a feeling of being controlled or we might feel on edge. The first step toward helping with this is admitting our feelings. We have to accept that we are feeling a certain way and then ask for help.

It is very likely that we will take the blame for everything bad that has ever happened to us and feel depressed. Depression is also one of the main blockades in recovery. It is also a trigger for relapse. We might feel like we are a burden to others.

Once we begin to attend meetings for our recovery, we might feel controlled. This can bring back memories of past trauma and can be a reason for relapse. We can feel resentment toward the meetings for a number of reasons.

The first and foremost thing we need to do is figure out what is making us angry and filling us with negative thoughts. It can be anything from hurt, fear, anger, guilt etc. But once we identify our feelings it is easier to work on fixing them.

This is a really important step in recovery - admitting to what we feel. We must embrace our feelings in order to let them go. Instead of bottling things up and dwelling over the past, we should let our emotions surface and work on letting every negative emotion go away.

If we have a negative thought toward another person, say a prayer for them - a prayer that the person can have happiness and love. If the anger or negative thought persists, we can continue to pray for them. Compassion and empathy will change our life and show us new possibilities.

Holding on to our past will never help. We often keep looking at things that

Quote of the Month

"A clear light seems to fall upon us all-when we open our eyes. Since our blindness is caused by our own defects, we must first realize what they are.
Constructive meditation is the first requirement for each new step in our spiritual growth."

Bill W.

might have been but not what could be. What's done is done.

If we are resentful about how and why certain people treated us, we have to think of their perspective as well. Why do they act the way they do? What causes them to do it? Did I have a part in it too? Did I offend them or hurt them?

Thinking like this will help us get better sooner and let go of things that are being a hurdle in our recovery.

Rules are everywhere. Don't resent rules. If there were no rules, everything would be in chaos.

We must learn to forgive. Forgiveness is a great virtue and will help us in life and in recovery. We have to not only forgive others but also forgive self. This will help our recovery process and life. We need to also love ourselves.

We must make a moral inventory of ourselves.

Written by Bud in Arizona

A Long Leap of Faith

JULY 2001 GRAPEVINE

On July 4, 1986, I made the decision to get truly sober and attended my first AA meeting. I hadn't taken a drink for nearly a year, but I was tired of white-knuckle sobriety and feeling miserable.

Three years later, I had an opportunity to experience an adventure I'd always dreamed of: jumping out of an airplane. My wife, who's also an AA member, was reluctant, but I begged, "Just once, and that will be it."

After a nearly sleepless night, I attended my classes, took my written test, and made my jump just before sunset. My wife, some AA friends, and family were present. I can't begin to describe the emotions I felt--anxiety, fear, excitement, and the relief of having survived.

I thrive on anything that makes me feel good and different. So, a few weeks later, I was off to the airport again--this time without my wife's knowledge. The feeling afterward was similar to sneaking a drink, and I knew it wasn't sober behavior. Thanks to AA, I had to confess what I'd done and face the music. My wife was hurt, but understanding.

I later entered a student skydiving program and over the following three years struggled to reach graduation. But fear and lack of confidence held me back. At one point, my instructor advised me to quit before I got hurt.

I began to again apply what AA has taught me: slow down, relax, and take it one day at a time. After eighty-eight jumps and with my wife's support, I graduated and received my first license.

Now, I was faced with the challenge of maintaining balance in my already busy life. I answered an ad in a skydiving publication and was soon off to Oklahoma to meet with a group of sober skydivers (that's some of them in my photo). These new friends are helping me to realize that my primary purpose is to stay sober and be of service to other alcoholics. I know that no matter how good skydiving makes me feel, that feeling is only temporary. True serenity can come only from working the Steps and from my Higher Power.

I try to keep in close touch with my new friends, and we get together at least once a year in various parts of the country. My wife has since made a couple of jumps and travels with me to sober skydiving events. AA meetings at drop zones have been memorable. Recently, we connected with a man who wanted to be sober but had never been to an AA meeting. When he needed AA, AA was right there--at the drop zone!

(continued on page 5)

Words From the Big Book

The alcoholic is like a tornado roaring his way through the lives of others. Hearts are broken. Sweet relationships are dead. Affections have been uprooted. Selfish and inconsiderate habits have kept the home in turmoil. We feel a man is unthinking when he says that sobriety is enough. He is like the farmer who came up out of his cyclone cellar to find his home ruined. To his wife, he remarked, "Don't see anything the matter here, Ma. Ain't it grand the wind stopped blowin'?"

Yes, there is a long period of reconstruction ahead. We must take the lead. A remorseful mumbling that we are sorry won't fill the bill at all. We ought to sit down with the family and frankly analyze the past as we now see it, being very careful not to criticize them. Their defects may be glaring, but the chances are that our own actions are partly responsible. So we clean house with the family, asking each morning in meditation that our Creator show us the way of patience, tolerance, kindness and love.

- Page 82, 83

Please use the **Gratitude With Service** form below to volunteer for any of EVI's Standing Committees, such as **PI/CPC (Public Information / Cooperation with the Professional Community)**, **Special Events**, **Literature**, **Unity**, or **Phone Volunteers**.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 9/020*

Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204

(480) 827-1905

e-mail info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ **Weeknights**

☐ **Weekends**

☐ **Weekdays**

Phones Night & Weekend

☐ **Weekends**

☐ **Weeknights**

☐ **Office Phone Volunteer**

☐ **Other Office Help**

Committees of Interest

Check only those you are willing to serve on

☐ **Public Information / Cooperation with the Professional Community**

☐ **Special Events**

☐ **Literature**

☐ **Newsletter (*No Booze News*)**

☐ **Unity Committee**

☐ **Deliver A Meeting**



LIVE AND IN PERSON

ROUNDUPS, CAMPOUTS AND CONFERENCES

ROCKY POINT ROUNDUP

OCTOBER 15 ~ 17

PRESCOTT SHOESTRING ROUNDUP

OCTOBER 15 ~ 17

PRESCOTT RESORT AND CONFERENCE CENTER

1500 AZ-69 PRESCOTT AZ

VERDE VALLEY ROUNDUP

OCTOBER 29 - 31, 2021

2025 RESERVATION LOOP RD.

JACKPOT RANCH, CAMP VERDE AZ

APACHE LAKE CAMPOUT

NOVEMBER 12 ~ 14

APACHE LAKE MARINA AND RESORT

APACHE LAKE, AZ

WooHoo. Live events are back. Check the events page on our website periodically. We will post information as it becomes available.

Arizona Area 03 20th Annual

Corrections Conference

“Free On The Inside”

October 2nd, 2021

2pm to 5pm

Zoom info and program at area03.org

2021 November Virtual Assembly

District 14 Host

November 20 ~ 21

area03.org for more information

EVI Special Events Committee

Save These Dates for Upcoming Events

At Church of the Epiphany

2222 S Price Rd. Tempe

October 28, 2021

Unity Day

November 24 ~ 26, 2021

Thanksgiving Alcahthon

December 31, 2021

New Years Eve Party

Please consider joining the
EVI Special Events Committee
to help put on these events and more.

Seniors in Sobriety International

October 24 ~ 27, 2021

998 W Mission Bay Dr. San Diego, CA

Bahia Hotel

Register at seniorsinsobriety.com

Step Ten~ Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition Ten~ Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Concept Ten~ Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.



Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

August Sobriety Anniversaries

Name Date Days

Thomas S.....	10/17/1981	14610
Larry R.....	10/3/1983	13880
Lenay L.....	10/7/1984	13514
George D.....	10/20/1984	13514
Louise G.....	10/25/1984	13514
Mike C.....	10/12/1985	13149
Shap W.....	10/18/1985	13149
Harry L.....	10/28/1985	13149
Jim S.....	10/10/1986	12784
Pat P.....	10/18/1987	12419
Shirley B.....	10/8/1988	12053
George P.....	10/2/1992	10592
Denis W.....	10/26/1992	10592
Travis M.....	10/30/1993	10227
Lucy W.....	10/11/1995	9497
Juanita A.....	10/28/1995	9497
Jay Z.....	10/14/1996	9131
Irene D.....	10/21/1996	9131
Terry T.....	10/6/1997	8766
Lisa B.....	10/13/1997	8766
Dave H.....	10/14/1998	8401
Dennis R.....	10/23/1998	8401
Rebecka L.....	10/5/2000	7670
Danny S.....	10/22/2001	7305
David R.....	10/3/2003	6575
Mike P.....	10/9/2003	6575
Kristina F.....	10/23/2004	6209
Shelby T.....	10/1/2005	5844
Diane B.....	10/7/2005	5844
Archie T.....	10/10/2006	5479
Katie S.....	10/8/2008	4748
Robert S.....	10/13/2008	4748
Sherry B.....	10/21/2008	4748
Vida J.....	10/17/2009	4383
Peggy J.....	10/23/2009	4383
Skip P.....	10/10/2010	4018
Adrian M.....	10/21/2010	4018
Jerry C.....	10/25/2010	4018
April T.....	10/28/2010	4018
Peggy K.....	10/21/2012	3287
Paul B.....	10/1/2013	2922
Penny N.....	10/3/2013	2922
Jack B.....	10/10/2013	2922
Harry B.....	10/16/2014	2557
Richard E.....	10/8/2015	2192
Paige L.....	10/17/2015	2192
Adam K.....	10/19/2015	2192
Angie G.....	10/29/2015	2192
Katrina A.....	10/6/2016	1826
Tim G.....	10/8/2016	1826
Andrew S.....	10/20/2016	1826
Brianna R.....	10/22/2016	1826
Maria W.....	10/29/2016	1826
Gail H.....	10/30/2018	1096
Brandon B.....	10/14/2019	731
Jean-Paul R.....	10/26/2019	731

Leap of Faith (continued)

I have recently made over 850 jumps, participated in record formation skydives, won awards, and jumped with some of the best skydivers in the world. All of this is a precious gift. God has opened another door that has enhanced my sobriety journey with more opportunities for service, love, and fellowship.

And it all began with a single leap of faith

BY: NICK Y. | LEESBURG, INDIANA

At Wits End

Judge: "You're a menace to other drivers, and pedestrians, too! I'm going to revoke your license."

Defendant: "Your Honor, you can't. My living depends on this!"

Judge: "So does theirs!"

--

Bob: "When I got home drunk last night, my wife went historical."

Joe: "Don't you mean 'hysterical?'"

Bob: "No, historical. She reminded me of every other time I had come home drunk."

—Terry B., Albany, N.Y.

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An alcoholic entered the hospital where an AA meeting was held. The security guard asked where he was going.

"I'm going to the AA meeting."

The guard asked, "Do you know how to get there?"

The alcoholic answered, "By excessive drinking!"

—D.T., Montreal, PQ



Things We Can Not Change

Mary D. Sue B. and Ken A. all long time member of our fellowship, have passed from this world. Their lives and sobriety touched many. They will be missed.

Get Published!

Send your articles, jokes, poems and artwork to Rick T.
info@aamesaaz.org

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905 or email picpc@aamesaaz.org**EVI Phone Workshop**

Third Friday's at 6:15 pm

Before the monthly business meeting at

On ZOOM

aamesaaz.org

Or

Workshops can be done at your Group !

For more information

Call Lisa V.

480 827-1905

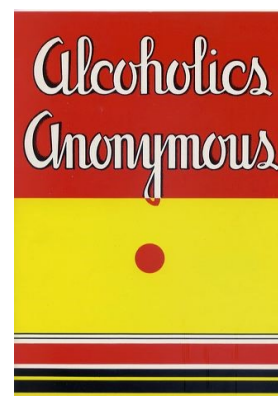
**EVI Sponsorship Workshop**

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Jerry C. 480 834-9033

HOST GROUP SCHEDULE

Oct. 2 ~ TBD

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location informationaamesaaz.org

Contact 480 827-1905

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

2222 S Price Rd. Tempe

contact: 480 827-1905

EVI Monthly Speaker Meeting***1st Friday of Every Month******2222 S Price Rd. Tempe******(Church of the Epiphany)*****Doors open at 7:00pm*****Now Live only, no more ZOOM*****October 2 ~ The Society**

November 6 ~ Gilbert Gals

December 4 ~ The Way Out

These are subject to change - so keep watching.

Office Volunteers &
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.

***** Regular Shifts Available *****

Central Office Manager's Report

August 20, 2021

In August we received 556 requests for information and assistance. Of those 160 calls were for meeting info, 147 were office visitors and 9 resulted in a 12-step call. Our website stayed busy too. It had 24,767 visits in the last 30 days. Our Google listing received had 8,345 views in August with 65 giving us a call, 433 visiting our website and 57 requesting directions to the office. I am currently updating the website every Wednesday and the printed directory every month. Please drop me an email at the office, info@aamesaaz.org, if you need an update to a meeting in the directory.

We have placed a Grapevine book order that includes the new book "Prayer and Meditation". The Grapevine is having some fulfillment delays due to "global events" but they tell me the order shipped this week.

GSO has notified us of a problem with the Meeting Guide app. The location finder is not working properly and mostly affecting android users. The tech support team hopes to have it resolved soon.

I have been gathering quotes to purchase media air time to run Alcoholics Anonymous public service announcements over the holidays. These audio and video PSA's can be viewed on GSO's website at aa.org.

Service opportunities are always available on all EVI committees and the 12th step list. Gratitude with Service forms are now available on our website. Please encourage your Group members to volunteer for a service position. The life they save may be their own.

In the spirit of Tradition Eight, Love and Service

Kim Watkins

Central Office Manager, East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

	Aug	2021
Meeting Information Calls.....	160	1,147
General Information	115	867
Referred to Salt River Intergroup	4	39
Referred to Al-Anon.....	10	94
Referred to Community Info.....	1	7
12th Step Calls	9	101
Business Calls	110	667
Office Visitors	147	1,099
Meeting lists printed.....	500	3600
Info request via E-mail	32	315
Desk Volunteers-Reg/Sub/None.....	26/ 12/ 2	
Desk Volunteers-Reg HRS YTD.		1,020 hrs

Web Stats

Website Visits last 30 days 24,767. YTD 208,866

Google Searches last 30 days 8,345

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

New Meetings:

Ladies Lunch Bunch	7335 E Broadway Rd. Mesa	MO Noon	W,C
Daily Reflections	45295 W Honeycutt Ave, Maricopa	SA 8:30am	O
The Promises	18160 N Maya Angelou Dr. Maricopa	WE Noon	O
Kitchen Table	18160 N Maya Angelou Dr. Maricopa	SA 10:00am	O,B
Over the Influence	2222 S Price Rd. Tempe	MO 6:30pm	O

Changes: ~Still too many to mention.~

Deletions:

Friends of Bill	25601 S Sun Lakes Blvd Sun Lakes	TH 7:00p	TC,
Junkyard Dogs	1565 E Warner Rd. Tempe	MO 7:00p	M.C

East Valley Intergroup ** NEW **
1855 E Southern Ave. Suite # 103
Mesa, AZ 85204

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

Area 03 Treasurer
PO Box 3691
Gilbert AZ 85299
Make Check To: AZ Area Committee

District 08-818
PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820 ** NEW **
PO Box 1901
Queen Creek, AZ 85142-9998

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina
2720 E Thomas Rd. B#180
Phoenix AZ 85016

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060

Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area
30% to GSO



50% to Intergroup

GROUP CONTRIBUTIONS



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GROUP	August	YTD
11th Step Candlelight		\$40.00
2121 Beginner Workshop		\$0.00
24 Hours A Day		\$0.00
417 Group		\$187.00
A Vision For You Group		\$1,211.34
ABC Group		\$100.00
Ahwatukee Group		\$500.00
Ahwatukee Nooners		\$820.00
Ahwatukee Saturday Men's	\$74.66	\$1,449.54
Ahwatukee Women's Group	\$114.00	\$350.60
Arbor Daily Noon Group	\$200.00	\$1,600.00
As Bill Sees It QC		\$140.36
As You Wake Up		\$0.00
Attitude Adjustment Ahw.		\$160.20
Attitude Adjustment CG		\$130.00
Attitude of Gratitude		\$0.00
Basic II		\$100.00
BBookworms		\$934.00
Bloopers		\$1,720.00
Bootstrap Men's		\$0.00
Both Books		\$0.00
Breakfast Club	\$2,500.00	\$2,500.00
Busted Ego		\$250.00
By The Book		\$111.87
Chandler Men's Stag Group		\$250.00
Chandler Noon Group	\$78.00	\$1,020.50
Chandler Women's Big Book Group		\$653.50
Common Solution		\$0.00
Common Thread	\$525.77	\$1,981.06
Courage To Change		\$0.00
East Phoenix Men's		\$683.00
East Valley Men's Stag	\$175.00	\$525.00
East Valley Veterans		\$0.00
Easy Does It Group	\$88.87	\$2,210.96
Eye Opener Group		\$500.00
Family Recovery Group		\$0.00
Fill in the Blank		\$375.00
Firehouse Meeting		\$75.00
Florence Group		\$90.00
Friday Night BB, Step Study		\$0.00
Get It Together		\$2,028.57
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group		\$0.00
Good Ol' Back to Basics		\$0.00
Good Orderly Direction	\$20.00	\$20.00
Grateful Dames		\$138.53
Grateful Girlfriends		\$0.00
Gratitude Group		\$319.00
Great Start		\$250.00
Gut Level	\$100.00	\$145.00
Happy Hour @ Sunbird	\$150.00	\$300.00
How It Works		\$147.00
Into Action		\$0.00
Keepin It Real Ladies		\$0.00
Last Resort		\$89.36
Life In The Big Book		\$433.00
Maricopa 12 X 12		\$200.00
Maricopa Group		\$175.00
Mid-Morning Group	\$300.00	\$300.00
Monday Night Madness		\$100.00
Morning After		\$0.00
Name In The Hat		\$330.00
New Beginnings		\$0.00
New Spirit Group		\$847.90
No Big Deals	\$35.00	\$370.00
No Name AA Group		\$250.00
Opportunity Knocks		\$100.00
Page A Day	\$511.05	\$2,265.66

GROUP	August	YTD
Patio Group		\$1,625.70
Pioneer Group	\$117.60	\$117.60
Price Is Right	\$60.00	\$60.00
Primary Purpose Group		\$462.00
Progress Rather Than Perfection	\$100.00	\$100.00
Putting God First		\$0.00
Queen Creek Nooners		\$831.91
Re-Awakening Group		\$636.27
Remember When		\$350.00
Renewed Spirit	\$100.00	\$300.00
Rising Spirit		\$1,213.65
Road To Recovery	\$50.00	\$2,405.56
Rock Solid		\$50.00
San Tan Men's		\$310.00
Second Chance Group		\$411.13
Serenity Now	\$24.60	\$276.55
Shade Tree		\$280.00
Sisterhood Of Solutions		\$0.00
Sobriety is Gold		\$0.00
Sobriety Rocks		\$40.00
Society Group		\$0.00
Some Are Sicker Than Others	\$100.00	\$250.00
Southeast Valley Stag		\$500.00
Spirited Women		\$135.55
Step By Step Group		\$100.23
Steppers	\$150.00	\$150.00
Stepping Stones		\$0.00
Sunday Afternoon Step		\$100.00
Sunday Night BB Step Study		\$0.00
Sunday Serenity Seekers		\$400.19
Sun Lakes Women Serenity Seeker		\$225.00
Sunset Group		\$100.00
Tempe Group		\$100.00
Tempe Nooners	\$50.00	\$405.00
Tempe Sunrisers		\$40.00
Tempe Young People		\$0.00
The Library		\$0.00
The Real Thing		\$25.00
The Way Out Group	\$82.50	\$581.00
Thursday Night Step Group		\$0.00
Tuesday Night Steppin Out		\$240.00
Tuesday's Trudgers		\$25.00
Tumbleweeds Group		\$700.55
Upon Awakening	\$1,000.00	\$2,700.00
We Ain't Dead Yet		\$120.00
We Agnostics		\$181.31
We Can Group		\$0.00
Wednesday Night Step		\$0.00
Wednesday Night Winners		\$0.00
Welcome Home		\$0.00
West Chandler Men's		\$0.00
Who's Driving Your Bus?		\$0.00
Wolf Pack Group		\$100.00
Women in Gratitude		\$200.00
Women in Solution		\$0.00
Women in Touch		\$0.00
Wonder Women-disbanded	\$25.00	\$25.00
*Anonymous Groups		\$0.00

OTHER GROUPS/COMMITTEES

Apache Lake Campout		\$0.00
AZ AA Women's Conf		\$0.00
District 08		\$0.00
Dist 08-813		\$125.00
Dist 08-819		\$0.00
Meal and a Message		\$0.00
Group Totals	\$6,221.00	\$46,744.75
EVI Committees	\$43.00	\$207.00
Individual Contributions	\$611.45	\$7,846.09
GRAND TOTALS	\$6,875.00	\$54,797.84

*Group contribution with no group name listed)



BALANCE SHEET August 31, 2021

Assets

Current Assets

Checking	7,031.11
Prudent Reserve (Savings)	37,847.21
Accounts Receivable	903.68
Inventory Asset	29,043.41
Undeposited Funds	0.00

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets **\$79,890.34**

Liabilities & Equity

Liabilities

Accounts Payable	0.00
Visa Credit Card	0.00
Payroll taxes	220.00

Total Liabilities **\$220.00**

Equity

Opening Balance Equity	43,778.94
Retained Earnings	27,480.81
Net Income	8,410.59

Total Equity **\$77,792.02**

Total Liability & Equity **\$79,890.34**

PROFIT & LOSS STATEMENT August 2021

30 Group contributions totaling	\$6,221.00
8 Individual contributions totaling	\$611.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$43.00

Total Contributions **\$6,875.00**

Total Income **\$12,903.28**

Less total Cost Of Sales **\$3,919.83**

Gross Profit **\$8,983.45**

Less total Expenses of **\$7,105.13**

Net August Gain **\$1,878.32**

YTD 2021 Gain **\$8,410.59**

The current Prudent Reserve balance is \$37,847.21
The Prudent Reserve has been
established for 2021 in the amount of \$28,862.38

Please call me with any questions or comments
regarding the financial statements.

Grateful to be of service,
Ron S. EVI Treasurer
fullflight@cox.net

Traditions Checklist

Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

1. Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?

2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?

3. What in AA history gave rise to our Tenth Tradition?

4. Have I had a similar experience in my own AA life?

5. What would AA be without this Tradition? Where would I be?

6. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious ways?

7. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

East Valley Intergroup Business Meeting Minutes

September 17, 2021

Meeting Opened at 7:00 PM and via Zoom. Opened with the Serenity Prayer.

*V = Virtual Attendance

Attendees:

AJ G. - Rising Spirit	Fiora H. - Life in BB	Lois L – DCM 08-819 V	Rose M.– Sunbird Happy Hour
Angie S - Patio Group	Hayden H – Sun after. Step Study V	Melissa H - GIT	Starr – CWBB V
Ashley – Price is Right	Jason C. – Common Thread	Monica S. – Sun Lakes Serenity	Sharon B. – Steppers
Cannon – San Tan Men’s Group	Josh S – We Agnostics V	Peggy R. - Opportunity Knox	Susan M.– Tempe Group
Charlie R – East Valley Men’s Stag V	Kaine H. – The Way Out V	Phil H. – Ahwatukee Saturday Mens	Tom C. – PAD
Chris H. – Bloopers V	Ken C. – Sunset Group	Rebecca P – Ahwatukee Group V	Tom E. – Gratitude Group
Dave T. - SNBBSS	Lisa V. – Rising Spirit V	Richard H – Step By Step	Vicki – New Spirit Group

Welcome to the New Reps; - Inaudible from Room. Hayden H (V) – Sunday Afternoon Step Study

Tom welcomes everyone. Mike reads the 12 Traditions. Introduction of new reps both in person and virtual.

Secretary’s Report: Maria not present. Motion to accept by Ken C. – Sunset Group and seconded By Dave. Motion passed.

Treasurer’s Report: Ron S.- reviewed report from the packet and mentioned in the process of preparing next years budget. Motion to accept report as presented by Kaine H. - TWO. Seconded by KEN C – Sunset Group. Report is accepted as presented.

7th Tradition: \$ in person. You can make a 7th tradition contribution on the EVI website. www.aamesaaz.org

Chairperson’s Report: Tom N. – no written report. Jay J. is the new Advisor to the Special Events Committee.

Literature is being sold at cost till end of September. All eight positions will be up for elections in November.

Vice Chairperson Report: Barb M.

☐ Attended EVI Steering and Business meeting. ☐ Attended Sub District 8 meeting 8/17. ☐ Attended Area 3 Assembly meeting 8/13.

Office Manager Report: Kim W. ☐ Reviewed report from packet.

☐ Placed a grapevine order – Includes the new book “Prayer and Meditation.” Will honor the sales price if delivered.

☐ GSO notified us meeting guide is not working correctly for android users. IT working on it,

☐ Folding party 9am 9/23.

STANDING COMMITTEE REPORTS

PI/CPC: (Public Information and Cooperation with the Professional Community) Tom C.

☐ Committee Meetings are first Monday of the month. It’s on Zoom and at the EVI office.

☐ Kathleen head of Fellowship Committee spoke about PICPC sponsored Faith Leaders Outreach Program. Information envelope will be handed out by EVI or group volunteers. Need 1 year of sobriety and be familiar with the 12 traditions. If anyone is interested in doing service work on the PICPC Committee or be part of the Fellowship Committee, please contact Tom C. at (310) 393-5651 or mynametom@yahoo.com or PICPC@aamesa.org

Special Events: Mindy S.

☐ Special Events Committee needs volunteers. Meet the first Friday of the month before the Speaker Meeting.

☐ Sunset group hosted this months Speaker Meeting. Well attended.

☐ Chandlers Womans Big Book Group will be leading next months speaker. Speaker groups through March 2022.

☐ Unity day Oct 23rd, 3pm-7pm with meeting, sub-committee will speak for every 15 min 3-4:30, phone committee will have ½ hour, speaker.

☐ Thanksgiving Alcahthon - 2 spots left 4am-8am for 11/25 Thanksgiving day and 12am-4am 11/26. Meetings are on odd hours. Traditions play at 7pm.

☐ Raffle baskets for upcoming events can be dropped off at EVI office.

Phone committee: Lisa

- Zoom workshop signed up one person. Vicki doing in person training. Oct calendar will be out. Co Chair is Laura.
- Any groups want a workshop let Lisa know,

Unity Committee: Dave K. (virtual)

- ☐ **Need volunteers** for the committee. You do not need to be an EVI rep. Suggested six months sobriety. Phone number is in the packet and on the flyer.
- Three meetings, One elected a EVI Rep. One has a rep doesn't attend EVI meetings but wanted to be on the EVI list. One has a smaller group and will talk about it. ☐ We meet at 6pm right before the EVI Business meeting.

Sponsorship Workshop: Jerry C. – Not present – Tom filled in

- ☐ September 4th at 10am at the EVI office and hybrid on Zoom is covered by Ahwatukee Men's group. Well attended.
- ☐ Next workshop November 5th at 10:00 am at the EVI office and hybrid.
- ☐ Please use the link in the email to reach the online signup sheet. Or [To Sign-up Click Here!](#)

No Booze News (NBN) Newsletter Editor: Rick – Not present. ☐ Rick still moving on. Position open.**Literature:** Mike K.

- ☐ No new literature to share. Events going to be taking place. Working on AA historical donations dropped off at the EVI office.

LIASION REPORTS

AI-anon Liaison: Vicki B. – Sept 25th Zoom - play Taboo between 6-7 pm then AA/Al-anon speaker meeting.

H&I Liaison: Dave T. – No report.

Spanish Liaison: Marge M. not present sent report. I have been announcing the upcoming Spanish Women's workshop on December 4th. Flyers at the office. Attended a PICPC Sub District 16-163 meeting.

Zonypaa Liaison: - Megan P - not present

Sub District 08-818: - not present

Sub District 08-819: Lois L. – going over 2022 budget. Mach election at next meeting in October.

Sub District 08-820: Bill B./Debbie C. – not present

OLD BUSINESS:

- ☐ Literature continues to end of September.

NEW BUSINESS:

- ☐ Overages in Prudent Reserve:
- ☐ Steering Committee approved up to \$1,000 to purchase a PC projector and a screen to be kept at the EVI office to be used by all EVI committees.
- ☐ Seconded Motion by Steering Committee to bring to groups for a vote.
 - o Motion: Spend up to \$7,000 to purchase airtime for Internet, Radio and TV for Public Service Announcements (PSA's) that are AA produced through the holiday season Nov 2021 – Jan 2022. Initial pricing up to \$5,000 for TV and Internet; and up to \$2,000 for radio time Please get to your groups to vote and bring back to Oct EVI Committee meeting.

ANNOUNCEMENTS:

- ☐ Reminder Unity Day next month.

Motion to close by Ken.C Second by Monica. Motion passed.

I am responsible. When anyone anywhere reaches out for help, I want the hand of AA always to be there and for that I am responsible.

Thank you for allowing me to be of service,

Marna Woods sitting in for Maria Stanley

A Phone Call Away

OCTOBER 1999 GRAPEVINE

My name is Frank and I'm an alcoholic who was first introduced to AA when I was fifteen years old. I was living in Michigan at the time and was a teenager out of control. Drinking evolved from a weekend thrill into a fulltime career. Trouble with my family and the law soon followed. The courts started to get involved and something had to be done.

My oldest brother, Rick, lived in Windsor, Ontario. When he learned about my circumstances, he offered to help. He had recently gone through a treatment facility and joined AA himself. With less than a year of sobriety, he got me into a treatment facility and planted a seed that would soon grow.

However, I was young and always in a rush to get nowhere fast. I wrestled with my thoughts and ideas and came to the conclusion that I didn't need AA. I could drink if I wanted to and could handle it. I would settle down someday, but for the time being, my plan was to drink and travel. So I traveled extensively throughout the United States and Canada. My destructive path took me through many jails in the states and provinces I drank in. I traded my family, friends, and freedom for booze. The years of loneliness and incarcerations became many.

However, my big brother stayed in AA and stayed sober. No matter where I was or what was happening, he was always a phone call away. I could call collect and he'd always accept the charges. He was all the family I had left that hadn't given up on me. He was not only a brother but my best friend as well.

I got drunk and ended up with yet another jail term. When I called him one day from a jail cell, he gave me the bad news: he'd been diagnosed with lung cancer and was only expected to live for one or two years. Being in jail, I couldn't go see him, and he was too sick to come and see me, so we talked on the phone more than ever.

Despite his illness, Rick stayed sober and continued to live his life in AA. During his seventeen years of sobriety, he'd always helped other alcoholics and he never stopped. He rode me hard nearly every time I called. In reflection, I feel he was putting me through some kind of crash course. My brother might have been losing the fight with his life, but he was winning the fight with mine.

On March 10, 1999, I was called down to the prison chaplain's office. I knew what it was about and made the longest walk of my life. My brother had lost the battle to cancer earlier that morning.

I was able to attend the funeral under escort. The church was packed with family members, co-workers, and friends from the AA Fellowship. Seventeen years ago, it would have been a different picture. But Rick stuck with AA, and his life not only changed, it got better. Rick dedicated his life to AA and became a good husband and father--and the best brother I could have hoped to have.

Three centuries ago, St. Jeane Eudes wrote: "You can advance further in grace in one hour during this time of affliction than in many days during a time of consolation."

I'm still incarcerated, but I've made some changes and take my sobriety very seriously. I follow the AA principle inside these prison walls and take it one day at a time. I'm finding some peace and comfort in knowing that as long as I stick with AA, one day I too will be living a better life and will never have to spend another lonely night in a prison cell again.

BY: FRANK R. | KINGSTON, ONTARIO